

At Fit Studio, we believe fitness should be accessible to everyone. We are committed to making sure both our website and our studio space are easy for all people to use, within the defined scope of our professional training.

1. Using Our Website (Digital Access)

We work hard to make our website clear and easy to navigate for all users.

- **Design Standards:** We focus on clear readability, good contrast, and compatibility with keyboards and assistive technologies (like screen readers).
- **Need Help Online?** If you have trouble accessing content on our website or booking system, please contact us immediately.

2. Visiting Our Studio (Physical Access)

We aim to minimize physical barriers and ensure your visit is comfortable and safe.

3. Scope of Assistance and Service Limits

Please Note: Our staff are trained to work with the general population. We are happy to provide general support (e.g., retrieving equipment, guiding you around the studio).

- **Specialized Needs:** We are not certified or trained to provide specialized exercise programs, adaptive training, or intensive physical assistance for individuals with complex, chronic, or severe physical or neurological impairments.
- **Advance Communication:** If you require assistance or have complex needs, you must contact us before your visit so we can determine if your needs are within our staff's training capabilities and insurance coverage. If we cannot safely and competently meet your needs, we may recommend a more suitable specialist service.